

Registration Form



Name _____

Address _____

City/State/Zip _____

Phone _____ T-shirt size _____

Age _____ E-mail _____

Parent's name _____

Programs Registering For:

1. _____

Cost: \$ _____

2. _____

Cost: \$ _____

Total amount enclosed: \$ _____

 **Make Check To: Kildaire Farms Pro Shop or use:**

 **Master Card _____ Visa _____**

Account _____

Expiration Date _____

Name on Credit Card _____

Waiver of Claims: In entering these programs, I hereby release the sanctioning tennis associations, Kildaire Farms Racquet & Swim Club, and all tennis instructors from any and all responsibilities for accidents or losses incurred at this location or traveling to and from this location.

Signature of Parent or Guardian



**Kildaire Farms
Racquet & Swim Club
162 Pebble Creek Drive
Cary, NC 27511
Phone: 467-4313 Fax: 460-0768
E:kildairefarmers@bellsouth.net**



Kildaire Farms
Racquet and
Swim Club

**January through May
Junior Tennis
Programs**

2009



Tommy Dixon, Tennis Director
Kirstie Marx, Tennis Professional
George Scullen, Tennis Professional
Styrling Strother, Tennis Professional

467-4313

Junior Advanced and Tournament Players Program

- **Session 1**
January 6 thru January 22
- **Session 2**
February 3 thru February 19
- **Session 3**
March 3 thru March 19
- **Session 4**
March 31 thru April 23
(skip the week of April 6-10)
- **Session 5**
May 5 thru May 21

Tuesdays & Thursdays 4:00-6:00 pm

**Cost: Members (\$180) per session
Non-members (\$200) per session**

This program is geared to the players who are “serious” about their tennis development. The workouts will consist of drills, match play, conditioning, and video analysis.

Advanced Conditioning Program

January 5—February 12 (six weeks)

Session 1
Monday & Wednesday 4:00-5:00 pm

Session 2
Tuesday & Thursday 4:00-5:00 pm

**Cost: Members (\$180) per session
Non-members (\$200) per session**

This program is geared to the high school or tournament player who wants to focus on conditioning during the off-season. All activities will be conducted in the Fitness Center with emphasis on cardiovascular improvement, resistance training and footwork drills. Class size limited to six players.

Junior Upper Intermediate Program

- Session 1**
January 5 thru January 22
- Session 2**
February 2 thru February 18
- Session 3**
March 2 thru March 18
- Session 4**
March 30 thru April 22
(skip the week of April 6-10)
- Session 5**
May 4 thru May 20

Mondays & Wednesdays 5:00-6:30 pm

**Cost: Members (\$135) per session
Non-members (\$155) per session**

The objective of the intermediate program is to help each player develop skills to move their game to the “next” level. Drills, match play, conditioning and video analysis will be used. The players will be divided into high and lower groups based on ability. Novice tournament or USTA team tennis experience is encouraged.

After School Beginner Tennis

- March 2-March 26**
- March 30-April 30**
(skip the week of April 6-10)
- May 4-May 29**

▪ **Session 1**
Monday & Wednesday 3:30-5:00 pm

▪ **Session 2**
Tuesday & Thursday 3:30-5:00 pm

**Cost: Members (\$120) per session
Non-members (\$130) per session**

This program is for children ages 6 to 13 who have not played tennis before or only played a small amount. We will use a games based approach to emphasize learning tennis and having **FUN!** Emphasis will be on stroke development and learning the game.

Track Out Program Camp

- Track 1**
March 9-March 26
- Track 4**
March 30-April 16
- Track 3**
April 20-May 7
- Track 2**
May 18-May 28

Monday-Friday 9:00-Noon

**Cost: Members (\$180) per week
Non-members (\$200) per week**

Students may sign up in weekly increments. This is a week-long program emphasizing stroke development for the beginning and intermediate player. Each day will focus on a different stroke with the goal of competitive play by weeks end. We will use a games based approach to emphasize learning tennis and having **FUN!**

Spring USTA Team Tennis

(Club Members Only)

March-May
Cost: \$75



Red Group (Ages 12 & under)
Saturday Matches: 2:00 pm

White Group (Ages 14 & under)
Saturday Matches: 1:00 pm

Upper Blue Group (Ages 18 & under)
Saturday Matches: 12:00 noon

Lower Blue Group
Saturday Matches: 12:00 noon

USTA Team Tennis

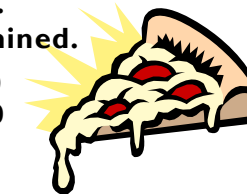
USTA team tennis is a program designed to promote match play with tennis players of similar ability. Matches will be played at home and away with area clubs. **We will not hold practices specifically for team tennis. We encourage players to enroll in the instructional and workout programs.**

Junior Socials

Socials will be held.
Dates to be determined.

**Cost: Members \$8.00
Non-Members \$10.00**

(Food and tennis balls are included.)



Junior Memberships

Junior (tennis/swim-only) memberships are available for an annual fee of \$282.00. There is a \$100 (one-time) initiation fee for juniors not residing in Kildaire Farms. Non members may participate in all instructional programs but may not play on club teams.

Tennis Staff

On the Kildaire staff is **Tommy Dixon**, General Manager, a USPTA Tennis Professional and member of the NC Tennis Hall of Fame. Tommy is a graduate of UNC-Chapel Hill and has been associated with the Club since 1981.

Kirstie Marx is a USPTR Tennis Professional. She has been a tennis professional since 1992, coached at Meredith College, and is Director of Tennis for the N.C. Special Olympics.

George Scullen, a USPTR Tennis Professional comes to us from the Cary Academy where he has been the Junior Varsity tennis coach for the past two years. He was previously a tennis professional at the Millbrook Exchange Tennis Center.

Styrling Strother is a USPTA Tennis Professional. He was previously the Middle School coach at the Cary Academy. Styrling has an extensive tennis background and has coached since 1997.